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**Annual Client Reflection Questionnaire**

**1.  What are you most proud of from the previous year?**

**2.  What was the worst thing or biggest learning?**

**3.  What is the most valuable thing you learned about yourself?**

**4.  Who were the most influential and supportive people for you?**

**5.  What three things from the year are you most grateful for?**

**6.  What do you wish you'd done more of?**

**7.  What do you wish you'd done less of?**

**8.  What three words sum up the year for you?**

**9.  What skills could you better utilise this year?**

**10.  What areas should you stretch this year?**

**11.  What will success look like to you this year?**